

# MALAWI OLYMPIC COMMITTEE

JANUARY – APRIL, 2024 NEWSLETTER



## MOC CONDUCTS AN ELECTIVE ANNUAL GENERAL MEETING (AGM)

According to the final list of nominations, the Judicial Commission through Council Wapona Kita confirmed that they received 11 nominations. President Jappie Mhango was unopposed, while the Position of Vice-president had two contestants, incumbent Secretary General (SG) Captain John Kaputa (retired) faced Major General Francis Kakhuta Banda.

Incumbent Treasurer General Henry Sakala and Lisungu Banda tussled for the position of Secretary General with Dennis Kumwenda and Beatrice Makwenda vying for the Vice Secretary General post. Andrew Mkwazalamba went unopposed for the post of Treasurer.

Eleven nominees, namely Sushira Khamisa, Maggie Chikuni, Tichitenji Nkhwazi, Pyson Likagwa, Peter Gomani Osbourne Banda, James Kaunda, Willy Kumilambe, Issac Chimwala and Molombo Kayira contested for the Executive Member Positions which only invites two Positions.



Figure 1: 2024 AGM Delegates

MOC held an elective AGM at Sunbird Lilongwe hotel on 17 February 2024. The re-elected President Jappie Mhango promised to work towards empowering athletes and building capacity for associations both academically and technical.

The elected Board was as follows; President: Jappie Mhango, Vice President: Major General Francis Kakhuta Banda, General Secretary: Henry Sakala, Vice General Secretary: Dennis Kumwenda, Treasurer: Andrew Mkwazalamba, Executive Members: Pyson Likagwa, James Kaunda.



Figure 2: Judicial Commission & Auditors conducting the polls

## MOC CO-OPTS TWO FEMALE BOARD MEMBERS

MOC has Co-opted Ms. Maggie Chikuni and Ms. Junier Bamusi from Wrestling and Netball Associations of Malawi respectively into the Board. This is in accordance with the MOC constitution “to have at least two female members in the board if the AGM fails to elect the two women”.



Figure 3: Ms. Maggie Chikuni



Figure 4: Ms. Junier Bamusi

## MOC PARTNERS WITH STEPPING STONE SCHOOLS IN TREE PLANTING



Figure 5: Commissioner William Nyirenda Demonstrates to students how to plant a tree

MOC Sport and Environment in partnership with Stepping Stone Schools held a Tree planting exercise on 23<sup>rd</sup> February 2024. This exercise was conducted around the MOC premises, Basketball court and the school compass. The initiative aimed at giving back to the community by conserving the environment for safe sports, hence the initiative to plant trees around its community.

## SALIMA SUGAR COMPANY SUPPORTS TEAM MALAWI TO 13<sup>TH</sup> AFRICAN

Salima Sugar Company supported Team Malawi with K10 Million towards the 13<sup>th</sup> African Games, Accra 2023 slated for 5<sup>th</sup> - 25<sup>th</sup> March 2024. The support rendered was a sigh of relief for Malawi Olympic Committee as it managed to assist in catering for other expenses. MOC also Managed to secure sponsorship Press Trust and Nyasa Capital Investments.



Figure 6: Chairperson Hands over cheque to Hon. Mkwandawire, Minister of Youth and Sports

## MOC SUPPORTS MADU TRAINING

MOC through Malawi Antidoping Organization trained 20 Clean Ambassadors, Coaches, Media, Sport Administrators and General Team Managers in the country. This is one way of promoting clean sport, protecting clean athletes and raise awareness on doping issues within the sports sector in the country.



Figure 7: Participants pose for a group photo

## OLYMPAFRICA CENTER DIRECTOR ATTENDS SAFEGUARDING TRAINING IN IVORY COAST



Figure 8: Mangani (right) at the Training

Mr. Mangani, the Center Director for Malawi Olympafrica Centre attended a director's training in Ivory Coast from 1- 2 March 2024. This training was aimed at equipping Directors with technical knowledge on managing sports activities at the center such as the O! Yes program which impacts youths in the community.

## MOC ATTENDS THE AFRICAN FORUM ON ENVIRONMENTAL PRESERVATION AND FIGHT AGAINST GLOBAL WARMING

MOC Secretary General Henry Sakala and Marketing and Communications Office, Loveness Ngomano attended the African Forum on the environmental preservation and fight against global warming in Algeria, Algiers from 5 to 6 March 2024. The forum was organized by the Association of National Olympic Committees of Africa (ANOCA) with the aim of equipping NOCS with strategies on conserving the environment and global warming through the power of sports.



Figure 9: Team during the Forum

## TEAM MALAWI COMPETES AT THE 13<sup>TH</sup> AFRICAN GAMES ACCRA 2023



Figure 10: Team Malawi unveiled

Malawi sent 10 athletes to compete at the African Games in Accra Ghana from 8\_23 March 2024. The team was unveiled at Lilongwe Sunbird Hotel by the Principal Secretary to the ministry of sports. The Team was as follows; Yona Walesi (Aquatics), Typen Kamanga (Taekwondo), Pachisi Nyasulu (Athletics), Cassim Makwinja (Boxing) and Alfred Linguni (Judo) as coaches. The 10 athletes were Asimenye Simwaka and Stein Lifa (athletics), Elias Bonzo and Lewis Zakeyu (Boxing), Luka Smit and Tayamika Chang'anamuno (Aquatics).

Chikondi Kathewera and Olivia Chikwapula (Judo), Vesta Banda and Joseph Phiri to compete in Taekwondo.



Figure 11: Luwis Zakeyu during his Game

During the competition, the swimming team did not qualify to semifinals, while in Judo, Kathewera reached round of 16 and Vester lost in the first round.

The Athletics team qualified for the Semifinals; Lifa made it in 200m at 21.45 while Simwaka qualified in two events 200 with 24.10 and in 400m she raced 53.14.

Joseph Phiri in Taekwondo lost his fight in round of 16 and lastly the Boxing Team, Zakeyu and Bonzo lost in round of 16 as well. All sporting codes continue to prepare for Paris 2024 Olympic Games and are optimistic of qualifying.

## MALAWI -CGA CELEBRATES 2024 COMMONWEALTH DAY



Figure 12: Celebrants in a group photo

Malawi CGA Celebrated the 2024 Commonwealth Day with over 200 students from Primary school under the theme "One Resilient Common Future, Transforming our Commonwealth" on 11 March 2024. The event objective was to build unity among the youth and raising awareness of the Commonwealth Values (Peace, Justice, respect, Tolerance and Solidarity).

## MOC CONDUCTS 2024 PLANNING MEETING

MOC conducted a planning meeting at Sunbird Livingstonia, Salima from 6- 7 April 2024. This was to review programmes that had been conducted in the previous year and plan for 2024 programs including Paris 2024 Olympic Games. The team also reviewed the 2021 to 2025 MOC Strategic Plan to ensure that all programs have been implemented according to the stipulated objectives and strategies in the plan.



Figure 13: Delegates during the planning meeting

## 40 ADMINISTRATORS BENEFITS FROM SPORTS ADMINISTRATION COURSES

MOC conducted Sports Administration Courses in Blantyre (Chileka) and Phalombe district from 18 to 20 April, 2024. The courses were facilitated by National Course Directors: Hon. Jappie Mhango, Mrs. Flora Mwandira, Mrs. Mary Kalirani and Mrs. Naomie Chinatu. Hon. Jappie Mhango said he expects progress with excellent performance of sports activities in the two districts. He described the course as a milestone in improving knowledge about sports management hence beneficial to stakeholders. The course attracted 42 participants.



Figure 15: Certified Phalombe Administrators

## MALAWI OLYMPAFRICA CONDUCTS O! YES WORKSHOP

Malawi Olympafrika Center conducted a 2 days O! YES Workshop from 19- 20 April 2024 at Kamuzu Institute for sports in Lilongwe. The objective of the workshop was to encourage inclusiveness of volunteers and children in sports from schools around the center. The workshop was facilitated by Mr. James Mangani.



Figure 14: Participants in a group photo

## SIMWAKA ATTENDS ANOCA ZONE VI ATHLETES FORUM IN ZIMBABWE

Asimanye Simwaka, Vice Secretary of Malawi Athletes Commission represented Malawi in Zimbabwe at a workshop. The workshop was organized by ANOCA and Olympic Solidarity which took place from 13 -14 April 2024. The workshop was to empower athletes to understand their rights and responsibilities, Terms of reference, Athletes Commission's Projects and activities including WADA and developing NOC action plans.



Figure 16: Simwaka during the conference

## MOC OFFICE UNDER CONSTRUCTION



*Figure 17: Construction in Progress*

With support from International Olympic Committee (IOC) through Association of National Olympic Committees of Africa (ANOCA), MOC started its office construction in

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